

APRIL 2024

Andrews Academy

LUNCH



Available Daily: Fresh Fruit, Salad, Milk, Juice.

Sandwiches: Sun butter, Turkey and Cheese, Cheese. Daily Noon Snack



April is National Garden Month. Consider planting some seeds at home. You can start your seeds indoors in a small container (an empty cereal bowl from school would work well) and move them outside to a patio or garden plot when the weather allows.



MONDAY

Grilled Cheese
Tomato Soup
Crackers
Pickle Spears
Snack: Cookies

1

TUESDAY

Spaghetti & Meat Sauce
Spaghetti & Marinara
Broccoli
Garlic Bread
Snack: Seasoned Tortilla

2

WEDNESDAY

Chicken Sandwich
Veg Chicken Sandwich
French Fries
Lettuce/Tomato/Pickles
Snack: Brownies

3

THURSDAY

Pepperoni Pizza
Cheese Pizza
Ceasar Salad
Snack: Popcorn

4

FRIDAY

Chicken & Dumplings
Veg Chicken/ Dumpling
Peas
Dinner Roll
Snack: Fruit Cup

5

Chili Mac
Veg Chili Mac
Carrots
Cornbread
Snack: Pretzels

8

Hot dogs
Veg Hot Dog
Tater Tots
Green Beans
Snack: Cheese Puffs

9

Deli Sandwich
Veg Sandwich
Homemade Chips
Pickle Spear
Snack: Pita Chips

10

Hamburger
Veggie Burger
Mixed Vegetable
French Fries
Snack: Pudding Cup

11

No School

12

Chicken Quesadilla
Cheese Quesadilla
Vegetable Rice
Snack: Cinnamon Crisp

15

Turkey Burger
Veg Burger
Smiley Fries, Peas
Lettuce/Tomato/Pickle
Snack: Trail Mix

16

Beef Taco
Vegetable Taco
Shredd Lettuce/Tomato
Confetti Corn
Snack: Donuts

17

Toasted Cheese Ravioli
Marinara Sauce
Cauliflower
Garlic Bread
Snack: Cheese Crackers

18

Chicken Corndog
Veg Hot Dog
Cheddar Mashed Potatoes
Carrots
Snack: Cupcake

19

Turkey Mac & Cheese
Macaroni & Cheese
Peas
Dinner roll
Snack: Fruit Muffin

22

Beef Nachos
Vegetable Nachos
Black Bean & Corn
Snack: Chips

23

Fish Sandwich
Veg Sandwich
Potato Wedges
Green Beans
Snack: Cookies

24

Cheeseburger
Veggie Burger
French Fries, Carrots
Lettuce/tomato/ Onion
Snack: Cinnamon Roll

25

Chicken Tenders
Veg Tenders
Mashed Potatoes
Broccoli
Snack: Goldfish

26

Breakfast Veg Frittata
Hashbrowns
Sausage/Veg Sausage
Snack: Crispy Treats

29

Chicken Nuggets
Veg Nuggets
Cheesy Pasta
Green Beans
Snack: Sun Chips

30



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BREAKFAST



Available Daily Fresh Fruit, Milk, Juice, Toast, Choice of Cereal.
Vegetarian Options Offered Daily, Daily Mornina Snack



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

Pancakes
Bacon/Veg Bacon
Syrup

1

Snack: Grapes

TUESDAY

Scramble eggs w/Cheese
Sausage/Veg Sausage
Breakfast Potatoes

2

Snack: Cereal Bar

WEDNESDAY

Biscuits & Sausage /Gravy
Country Gravy
Eggs

3

Snack: Trail Mix

THURSDAY

Breakfast Sandwich
Veg Breakfast Sandwich
Hashbrowns

4

Snack: Apples Slices

FRIDAY

French Toast
Sausage /Veg Sausage
Syrup

5

Snack: Mandrin orange

Pancakes
Bacon/Veg Bacon
Syrup

8

Snack: Yogurt

Scramble eggs w/Cheese
Sausage/Veg Sausage
Breakfast Potatoes

9

Snack: Cheese Crackers

Biscuits & Sausage Gravy
Country Gravy
Eggs

10

Snack: Apple Sauce

Breakfast Sandwich
Veg Breakfast Sandwich
Hashbrowns

11

Snack: Peaches

No School

12

Pancakes
Bacon/Veg Bacon
Syrup

15

Snack: Jello Cup

Scramble eggs w/Cheese
Sausage/Veg Sausage
Breakfast Potatoes

16

Snack: Cube Fruit

Biscuits & Sausage Gravy
Country Gravy
Eggs

17

Snack: Strawberries

Breakfast Sandwich
Veg Breakfast Sandwich
Hashbrowns

18

Snack: Graham Crackers

French Toast
Sausage /Veg Sausage
Syrup

19

Snack: Orange Wedges

Pancakes
Bacon/Veg Bacon
Syrup

22

Snack: Danish

Scramble eggs w/Cheese
Sausage/Veg Sausage
Breakfast Potatoes

23

Snack: Pineapple

Biscuits & Sausage Gravy
Country Gravy
Eggs

24

Snack: Coffee Cake

Breakfast Sandwich
Veg Breakfast Sandwich
Hashbrowns

25

Snack: Granola Bar

French Toast
Sausage /Veg Sausage
Syrup

26

Snack: Fruit Cup

Pancakes
Bacon/Veg Bacon
Syrup

29

Snack: Grapes

Scramble eggs w/Cheese
Sausage/Veg Sausage
Breakfast Potatoes

30

Snack: Watermelon

